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# The Graying of America

Shedding Light On A Dark Subject

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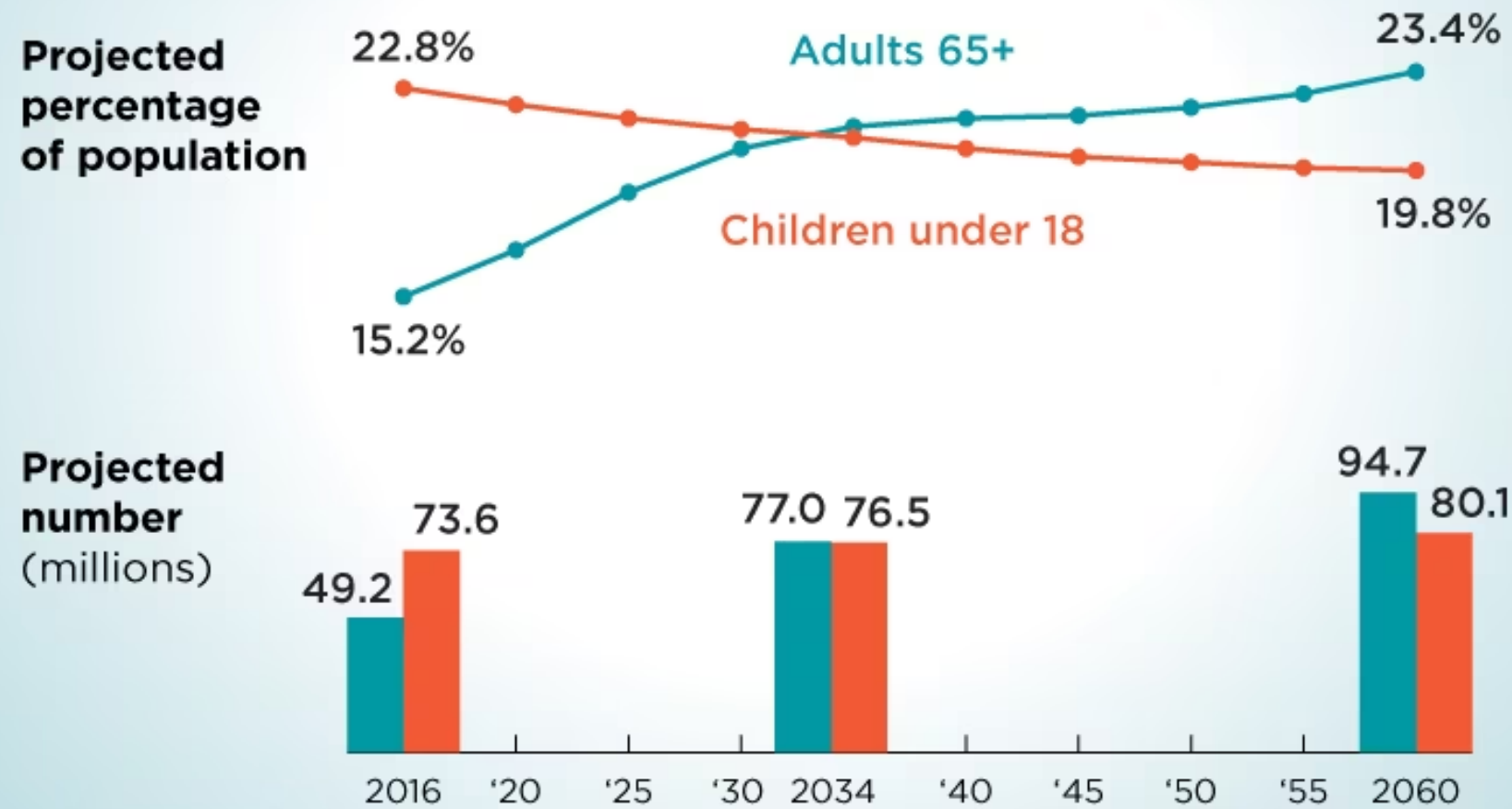




# An Aging Nation

Projected Number of Children  
and Older Adults

For the First Time in U.S. History Older Adults Are  
Projected to Outnumber Children by 2034



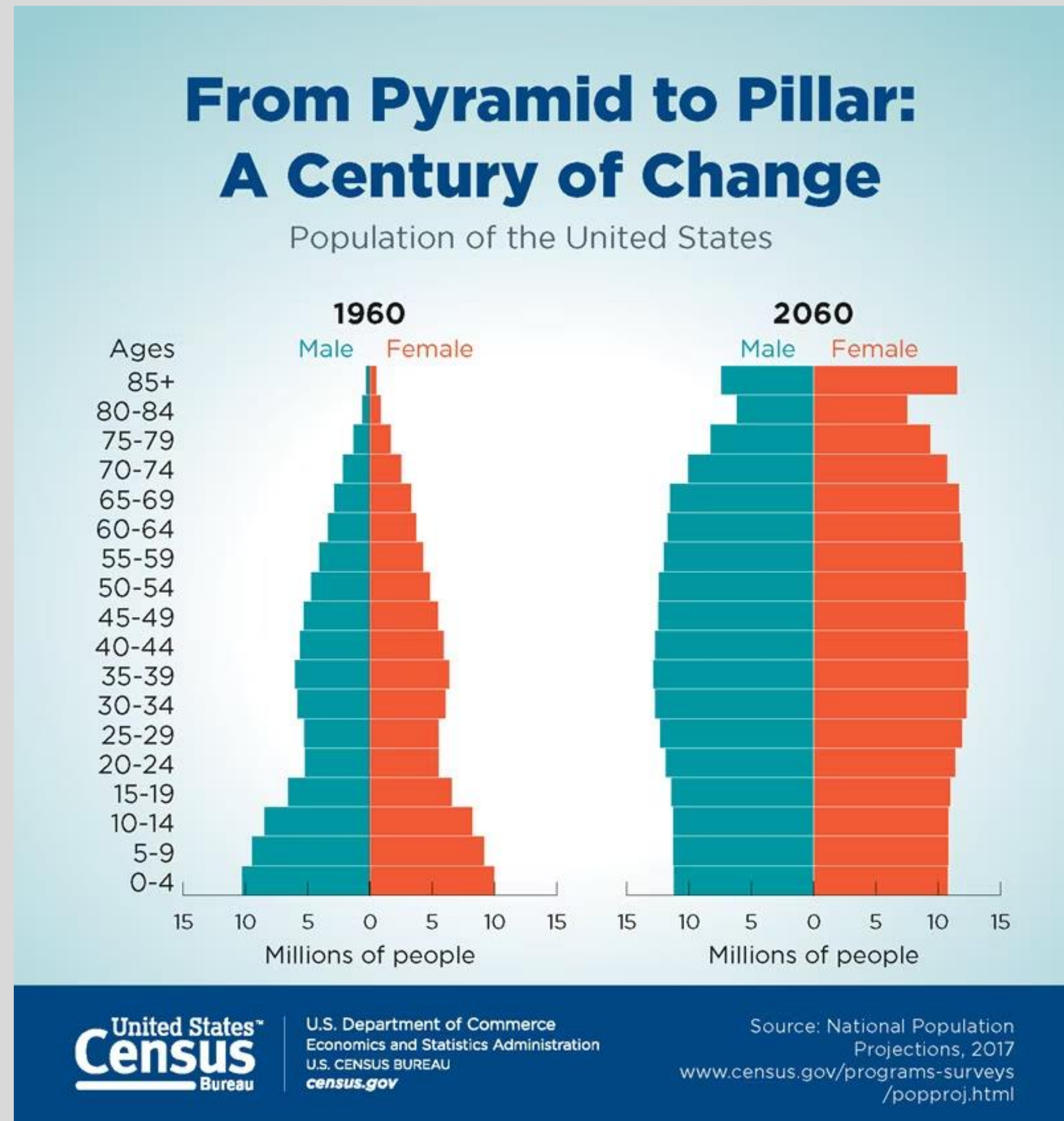
Note: 2016 data are estimates not projections.

The percentage of adults over 65  
as part of the population has  
grown by 43% since 2000.

By 2034 more Americans will be  
over the age of 65 than children  
under the age of 18.

The changing population demographics will impact society in a variety of ways.

- Increased caregiving responsibilities
- Workforce shortages
- Increased government expenditures
- Decreased government revenues



# Global Aging



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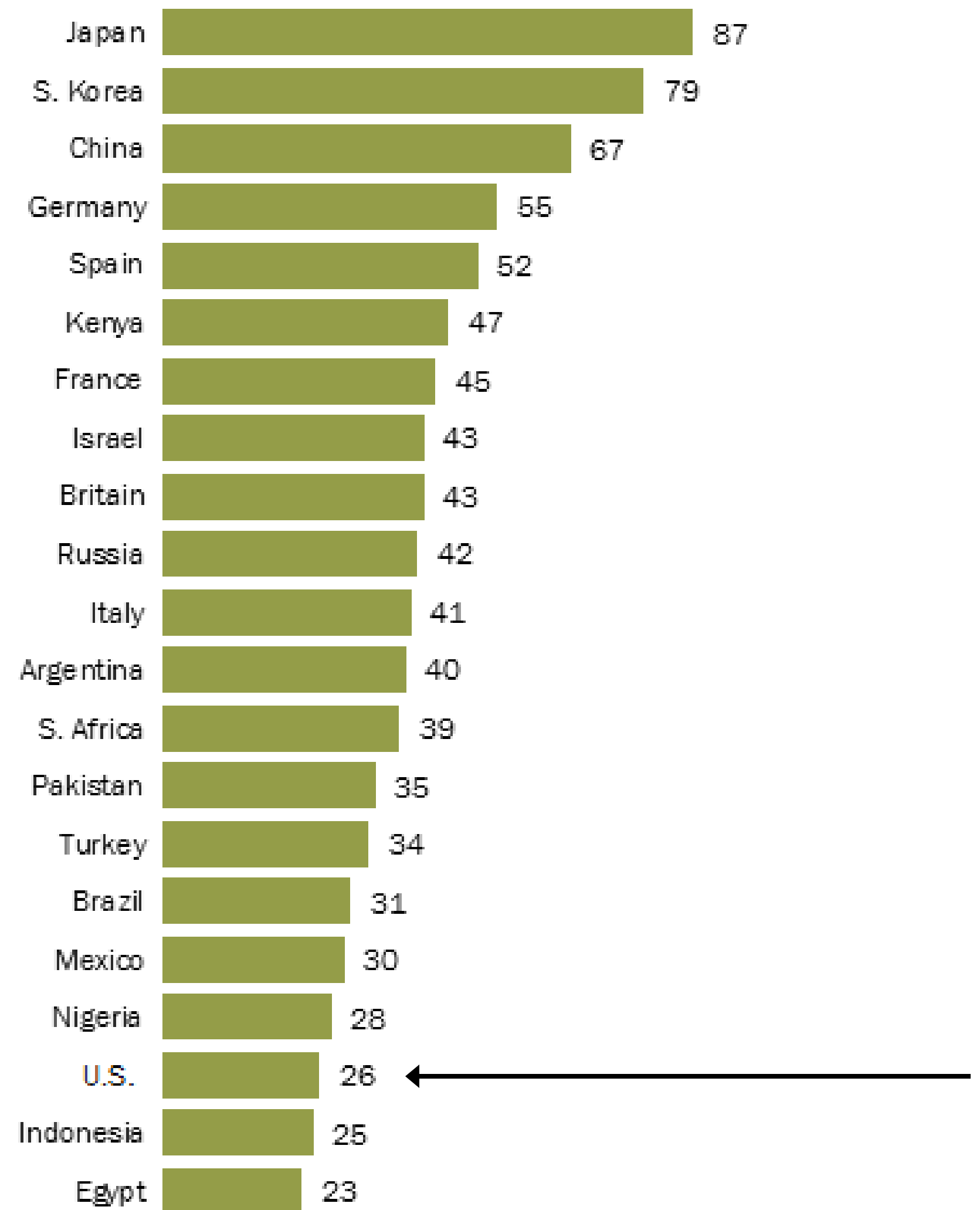
## Is Aging a Problem in Your Country?

*% saying the growing number of older people is a “major problem”*

Note: Question asked, “How much of a problem, if at all, is the growing number of older people in (survey country)....” Responses of “Minor problem,” “Not a problem” and “Don’t know/Refused” are not shown.

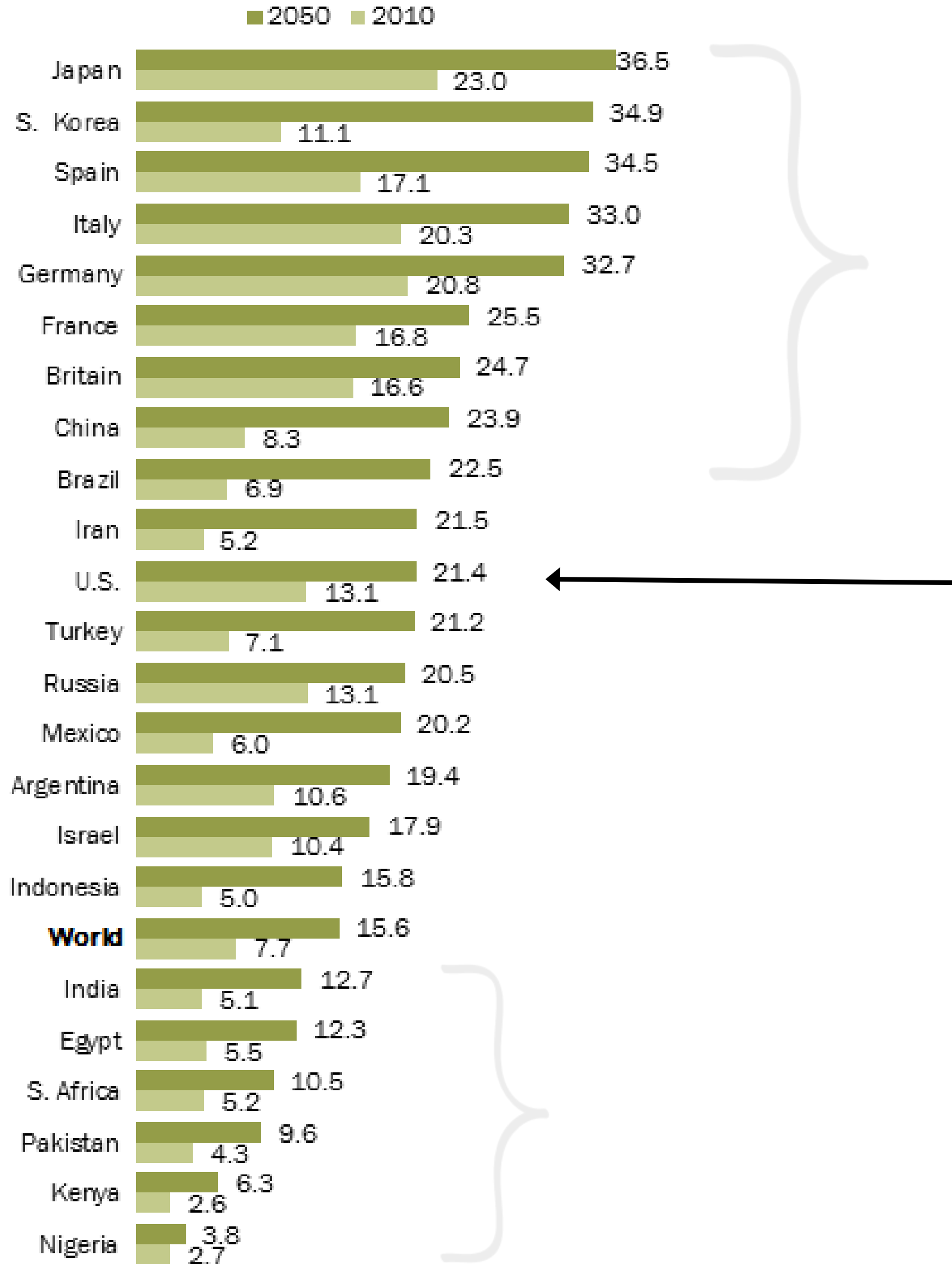
Source: 2013 Pew Research Center Global Attitudes Project survey. Q128

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# Proportion of People 65 and Older in a Country's Population, Estimates for 2010 and 2050

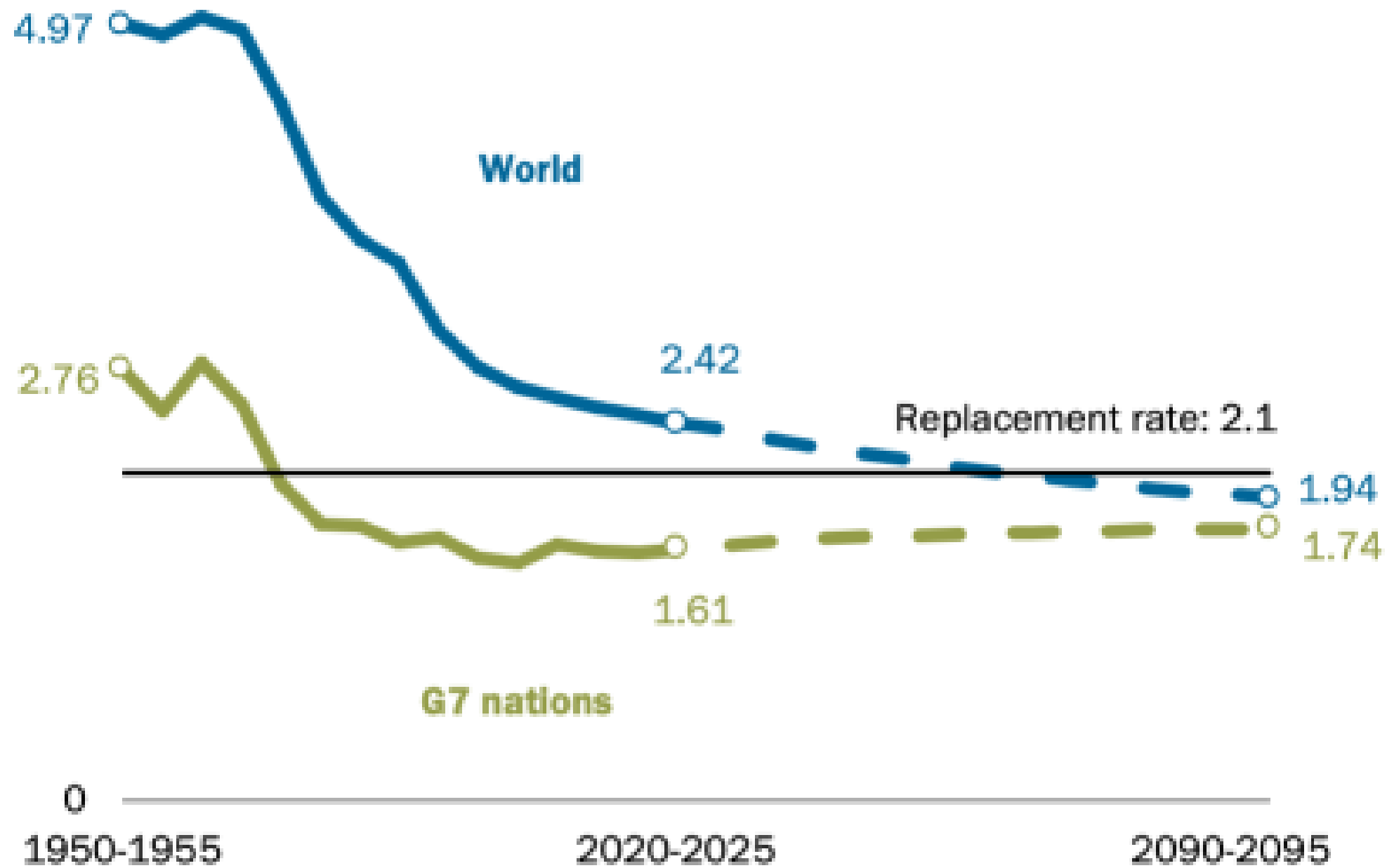
Based on %



Source: United Nations, Department of Economic and Social Affairs, *World Population Prospects: 2012 Revision*, June 2013, <http://esa.un.org/unpd/wpp/index.htm>

## G7 countries' fertility rates have been historically lower than global rates

Number of projected lifetime births per woman (total fertility rate)



Note: The replacement rate is the number of births per woman required to maintain a population at a constant size. The G6 (later G7) was formed in 1975. All fertility rates prior to then are for future G7 countries.

Source: United Nations Department of Economic and Social Affairs, Population Division, "World Population Prospects 2019."

Population decline can be caused by one or a combination of many possible trends and factors.

Including aging, emigration, birth rates, and/or fertility rates below the population's replacement rate (2.1), high infant mortality rates due to underdeveloped health care systems, and high death rates due to war and violence, disease, or other catastrophes.

## Population Trends

The graying of the world's population in the aggregate conceals some important variations. **Japan, China, South Korea, and many countries in Europe** are expected to have greater numbers of people dependent on shrinking workforces, a potentially significant demographic **challenge for economic growth**.

However, aging elsewhere, such as **India and several African countries**, mostly means the aging of children into the workforce. That is a potentially **favorable demographic trend for economic growth**. Thus, the coming changes in world demography conceivably could alter the distribution of global economic power over the coming decades.

For the **United States, population trends may lead to greater opportunities in the global economy of the future**. Although the U.S. population is anticipated to turn older and grow at a slower rate in the future, it is projected to increase at a faster pace and age less than the populations of most of the rest of the developed world. Thus, to the extent that demography is destiny, the **U.S. may be in a position to experience a more robust economic future in comparison with other developed nations**.



## Aging in Major Regions of the World

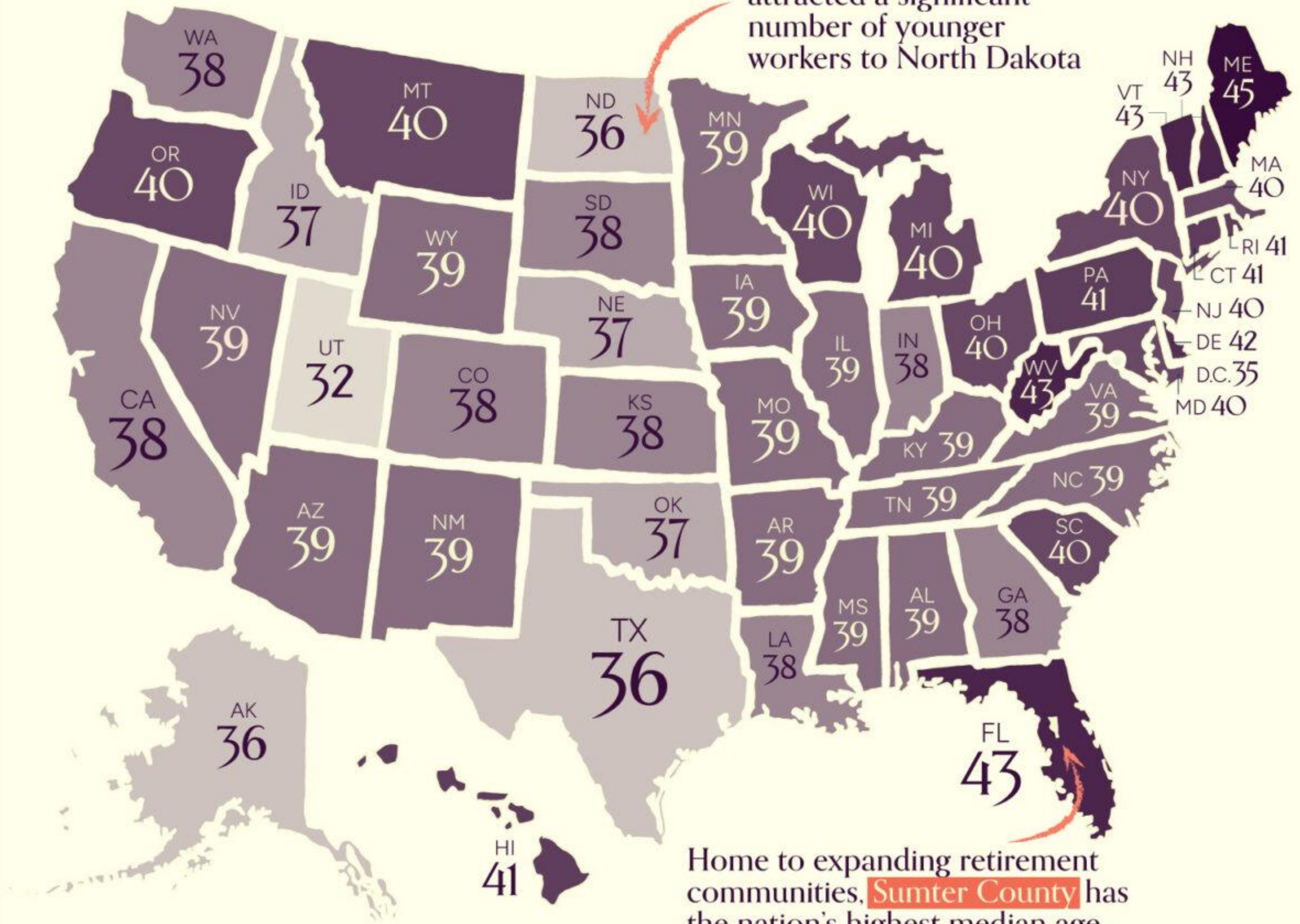
In the future, aging and slower rates of growth are expected to characterize the populations of all major regions in the world. Ranked by median age, **Europe is currently the oldest region** in the world and should retain that distinction in 2050. However, **Latin America and Asia are projected to age the most rapidly through 2050**. It is expected that the median age in Latin America, currently 10 years lower than the median age in North America, will match North America's age level by 2050. **Africa** will continue to have the **youngest population in the world**.

Africa is expected to be home to a greater share of the world's population in the future, 25% in 2050, up from 15% in 2010. The UN estimates that Africa's population should more than double from 2010 to 2050 with the addition of 1.4 billion people, greater than the increase of 1 billion expected in Asia & Oceania and the gain of just 0.3 billion expected for the Americas. In sharp contrast, **Europe's population is expected to shrink by more than 30 million by the middle of the century**.

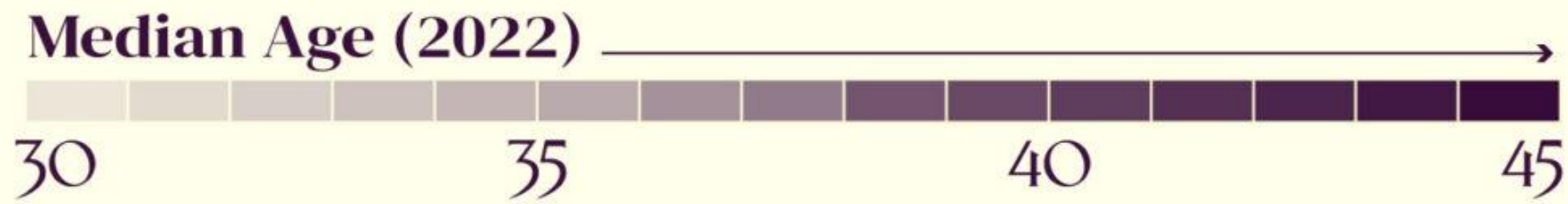
# Aging In Oklahoma



The **energy industry** attracted a significant number of younger workers to North Dakota



Home to expanding retirement communities, **Sumter County** has the nation's highest median age. The county is also one of the fastest growing in the U.S.





# OKLAHOMA Human Services Multisector Plan on Aging

## The Plan

A **Multisector Plan on Aging** is an approach that engages public, private, and other organizations to work together to improve the lives of older Oklahomans – specifically those 60 and older. **The Multisector Plan on Aging will enable and empower us to prepare our communities for the future.**

Our goal is to give every senior the confidence to live life on their terms and to provide them with the resources needed to lead a healthy lifestyle.

### **Why does Oklahoma need a Multisector Plan on Aging?**

Did you know that by 2034, the number of older adults in the United States will outnumber children for the first time? There are approximately 875,877 adults aged 60 and older in Oklahoma and approximately 140,000 adults aged 80 or older.



# OKLAHOMA Human Services Multisector Plan on Aging

As the population of older Oklahomans increases, so will the need to provide effective and efficient resources focused on ensuring healthy living.

Oklahomans will need aging services, such as home-delivered meals, in a volume that our systems cannot currently support.

The percentage of older adults in Oklahoma who report having disabilities is 17% higher than the national average.

2.5% more Oklahomans die before the age of 75 than the national average.

We are 46th in the nation of the number of RNs (registered nurses) per capita in the country, 46th...



# OKLAHOMA Human Services

Multisector Plan on Aging

## Sub-committees

- Aging Services and Fiscal Accountability
- Wellness and Social Connection
- Age-Friendly Communities, and Culture
- Workforce and Caregivers
- Housing and Transportation



Healthy  
Activities



Nutrition

Geriatric  
primary care



Socialization



Assistive  
Technology



Home  
Modifications

Affordable  
Housing



Transportation



# Most importantly Caregivers

Seniors want to age in place, the state wants the same.



**Family Caregivers**

**\$264 per day LTC**



**Professional Caregivers**

**\$200 per day AL**

**\$?.?? per day in home**

*Thank You for providing excellent care to Oklahoma seniors  
and peace of mind to their loved ones.*

**LaShanya Nash**



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